



What is Second Freedom – *Reveal*?

“*Reveal*” is a year-long bootcamp for leaders who have already attended the gateway to “Second Freedom – Reflect” - and who are hungry to go deeper and grow to be more consistent. “*Reveal*” is a closed cohort of senior leaders from a diverse variety of industries committed to their own development beyond the conventional way of thinking. Participation is by invitation only. The group meets regularly for intensive retreats throughout one year.

Why do we offer it?

Research shows: if you want to transform your organization, you need to operate from at least what is called a ‘transforming form of mind’. As a transforming leader you know how to get out of your own way, to become free of yourself and serve a higher good beyond yourself. But - choosing to become free of yourself isn’t trivial. It means you choose to let go of some of which you identify with, without denying it, but coming from an inner sense of freedom. And - without knowing

what is waiting for you on ‘the other side’. This exploration can shake your very foundations – and it probably needs to. Human development generally takes time: you may start to see ‘what got you here, won’t get you there’. It can be hard to let go of a worldview that provides you with certainty and a strong sense of who you are and what you are capable of controlling. And at the same time you sense more and more how limiting this is.

What happens during Second Freedom - *Reveal*?

“*Reveal*” requires trusting yourself – and that – once you start the journey - something will emerge, a new way of being and thinking. But first you need to be willing to let go of the old one.

All of this becomes so much easier when you do it with others who become your trusted companions and who are walking this exceptional path - together with you.

- ▶ Year-long commitment

- ▶ Three week-long cohort sessions to learn practices, methods
- ▶ 1-1 coaching in between cohort sessions designed to aid you in your development to Transforming state of mind

What are your take-aways?

- ▶ you will remember how to tap into new and scientifically proven sources of information
- ▶ You will be able to connect more dots and see the broader picture of your typical challenge, you will see what context it is embedded in and what decision is actually being called for instead of the one you want.
- ▶ Once you get a taste of being free of your conventional ways of thinking, a natural sense of interconnectedness emerges.
- ▶ You will learn to close the gap between what you 'know' and what you are living.
- ▶ You will discover what lies beyond 'objects' - like thoughts, sensations, feelings, experiences and circumstances.
- ▶ You will know what you need to let go of and how to do it.
- ▶ You will develop lifelong relationships with others who are on a similar path of growth and development